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CLAIMS

What is claimed is:

71. A method for generating antigen-specific, regulatory CD4+/CD25+ T cells that produce Transforming Growth Factor β (TGF- β), comprising:

exposing CD3-enriched, primed T cells to a specific antigen in the presence of antigen-presenting cells and a composition comprising an effective amount of alpha-Melanocyte Stimulating Hormone (α -MSH) or an analogue or derivative of α -MSH comprising an α -MSH receptor-binding portion thereof, wherein the specific antigen is an antigen recognized by the primed T cells.

2. A method for generating antigen-specific, regulatory CD4+/CD25+ T cells that produce Transforming Growth Factor β (TGF- β), comprising:

exposing CD3-enriched, primed T cells to a T cell receptor (TCR)-crosslinking agent in the presence of an effective amount of α -MSH or an analogue or derivative of α -MSH comprising an α -MSH receptor-binding portion thereof.

- 3. The method of claim 1 or 2, further comprising, approximately 4-6 hours after said first exposure step has begun, additionally exposing the primed T cells to an effective amount of Transforming Growth Factor- β 2 (TGF- β 2).
- 4. The method of claim 3, wherein the exposure to TGF- β 2 is achieved by including in the composition, an effective amount of TGF- β 2 in an timed-release delivery vehicle.

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- 5. The method of claim 1 or 2, wherein the exposing step is performed in vitro under T cell culture conditions.
- 6. The method of claim 1, wherein the exposing step is performed in vivo in an animal.
- 7. A method for down-regulating an autoimmune response or other T cell-mediated inflammatory response, comprising:
 - (a) harvesting T cells from the animal;
 - (b) inducing TGF- β -producing, regulatory T cells by exposing the harvested T cells in vitro to a specific antigen under culture conditions enabling stimulation of at least one primed memory T cell that specifically recognizes said antigen;
 - (c) exposing the primed T cells in vitro to a antigen in the presence composition comprising an effective amount of alpha-Melanocyte Stimulating Hormone (α -MSH) or an analogue or derivative of α -MSH comprising an α -MSH receptor-binding portion thereof, and the presence of at least in one receptor(TCR)-crosslinking agent, under T cell culture conditions; and
 - (d) injecting into an animal, primed T cells treated in accordance with step (c).

- 8. The method of claim 7, wherein step (c) further comprises the addition of an effective amount of TGF- β 2, approximately 4-6 hours after the start of the exposure of the primed T cells to the specific antigen and the α -MSH.
- 9. The method of claim 7 or 8, wherein, between steps (c) and (d), the primed T cells treated in accordance with step (c) are enriched for CD4+/CD25+, TGF- β -producing T cells.
- 10. The method of claim 7 or 8, wherein the TCR-crosslinking agent is an anti-CD3 monoclonal antibody.
- 11. The method of claim 7 or 8, wherein the TCR-crosslinking agent is a T cell mitogen selected from the group consisting of: concanavalin-A (ConA); phytohemagglutinin (PHA); and pokeweed mitogen (PWM).
- 20 The method of claim 1, 2, or 7, wherein effective amount of α -MSH or an analogue or derivative of comprising an α -MSH receptor-binding portion thereof, is an amount sufficient to produce an in situ concentration of at least approximately 30 pg/ml of whole 25 α -MSH or an analogue or derivative of α -MSH comprising a molar equivalent amount of an α -MSH receptor-binding portion thereof, in the immediate vicinity of the primed T cells during the exposing step.

- method of claim 1, 13. The 2, or 7, wherein the effective amount of α -MSH or an analogue or derivative of α-MSH receptor-binding portion α-MSH comprising an thereof, is an amount sufficient to produce an in situ concentration in the range of approximately 30-100 pg/ml in the immediate vicinity of the primed T cells during the exposing step.
- 14. The method of claim 3 or 8, wherein the effective amount of TGF- β 2 is an amount sufficient to produce an in situ TGF- β 2 concentration that lies within the range of approximately 1-10 ng/ml in the immediate vicinity of the primed T cells during the exposing step.
- 15. The method of claim 3 or 8, wherein the effective amount of TGF- $\beta 2$ is an amount sufficient to produce an in situ TGF- $\beta 2$ concentration of approximately 5.0 ng/ml in the immediate vicinity of the primed T cells during the exposing step.

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- 16. The method of claim 1, 2, 7 or 8, wherein the exposing step comprises incubating the T cells *in vitro* with the specific antigen and the composition at approximately 37°C, for a period within the range of approximately 18-24 hours, in substantially serum-free T cell culture conditions.
- 17. The method of claim 16, wherein the substantially serum-free T cell medium includes RPMI 1640, an approximately 500-fold dilution of ITS+ solution and approximately 0.1% bovine serum albumin.

- 18. The method of claim 5, 7, 23, 24, or 25, wherein the animal is a human, a mouse, a rat, a dog, a cat, a rabbit, or a horse.
- 5 19. A kit for generating antigen-specific regulatory T cells, comprising:
 - (a) a specific antigen;
 - (b) $\alpha\text{-MSH}$ or an analogue or derivative of $\alpha\text{-MSH}$ comprising an $\alpha\text{-MSH}$ receptor-binding portion thereof; and
 - (c) an article of manufacture comprising instructions on how to use components (a) and (b). to generate TGF- β -producing, CD4+/CD25+, regulatory T cells.
 - 20. The kit of claim 19, further comprising: (d) TGF- β 2, and wherein the article of manufacture further comprises instructions for using the TGF- β 2.
- 21. The kit of claim 19, wherein the specific antigen comprises a target molecule of an autoimmune disorder.
- 22. The kit of claim 21, wherein the target molecule is selected from the group consisting of: a glycoprotein; a protein; a polypeptide; a synthetic amino acid polypeptide; a recombinant amino acid polypeptide; a carbohydrate moiety; an oligonucleotide; a DNA; a RNA; and a whole microorganism.
- 30) 23. A method for down-regulating a graft rejection response in a graft recipient, comprising:

- (a) transfecting a graft tissue or organ with genetic material for expressing $\alpha\text{-MSH}$ or an analogue or derivative of $\alpha\text{-MSH}$ comprising an $\alpha\text{-MSH}$ receptor binding portion thereof in said graft; and
- (b) implanting the transfected graft from step (a) into a recipient animal.
- 24. A method for down-regulating a T cell -mediated 10 autoimmune response in a tissue site in an animal, comprising directly injecting genetic material for expressing α -MSH, into or near the autoimmune-diseased tissue site.
- 15 ,25. A method for down-regulating a T-cell-mediated autoimmune response in a tissue site in an animal, comprising:
 - (a) harvesting a tissue sample from the tissue site;
- 20 (b) transfecting the harvested tissue sample with genetic material for expressing α -MSH or an analogue or derivative of α -MSH comprising an α -MSH receptor-binding portion thereof; and
 - (c) implanting the transfected tissue sample into the animal.
 - 26. A method of suppressing a T cell-mediated autoimmune graft rejection response in an animal, comprising:
- (a) systemically injecting into the animal, an effective amount of $\alpha\text{-MSH}$ or an analogue or derivative of $\alpha\text{-MSH}$ comprising an $\alpha\text{-MSH}$ receptor-binding portion thereof; and

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- (b) measuring the peripheral level of CD4+/CD25+ T cells in said animal.
- 27. The method of claim 26, wherein the effective amount of α -MSH or an analogue or derivative of α -MSH comprising an α -MSH receptor-binding portion thereof, is an amount sufficient to produce a peripheral blood concentration of at least approximately 30 pg/ml of whole α -MSH or a molar equivalent concentration of an α -MSH receptor-binding portion of α -MSH.
 - 28. A method of down-regulating or suppressing an autoimmune disorder or a graft rejection response in an animal by transfecting a cell within the animal with genetic material coding for an antigen that also comprises lysine-proline-valine.
 - 29. The method of claim 23, 25, or 28, wherein the transfecting step is performed using an episomal transfection technique.
 - 30. The method of claim 23, 25, or 28, wherein the transfecting step is performed using a chromosomal transfection technique.
 - 31. A method of regulating a T cell-mediated immune response in a mammal, said method comprising the steps of:
 - (a) providing a mammal; and
- 30 (b) administering to said mammal an effective amount of α -MSH or an analogue or a derivative of α -MSH, said analogue or derivative having α -MSH functional

wherein said step of administering regulates said T cell-mediated immune response.

The method of claim $31_{\mbox{\tiny L}}$ wherein said $\alpha\text{-MSH}$ is a synthetic analogue wherein said analogue mediates the activation of regulatory T cells.

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33. The method of claim 31, wherein said α -MSH is a polyclonal or monoclonal antibody, wherein said antibody acts as an agonist to the bound MC5r receptor.

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The method of claim 33 wherein said antibody is an anti-MC5r antibody, or fragment or derivative thereof.

35. method of claim 34 wherein said anti-MC5r antibody is an anti-MC5r antibody F(ab)₂ fragment.

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The method of claim 31, wherein said regulation of T cell-mediated immune response is suppression of T cellmediated inflammatory response.

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The method of claim 31, wherein said regulation of T 37. cell-mediated immune response is induction of CD4⁺/CD25⁺ regulatory T cells that produces TGF- β .